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# GREEN CITIES, HEALTHY PEOPLE. PLANNING HEALTHY URBAN SPACES

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PROGRAM

COSMOCAIXA. C/ ISAAC NEWTON, 26. BARCELONA

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**Wednesday, October, 30<sup>th</sup>, 2013**

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**8:45 Registration****9:00 Welcome****SESSION 1: RESEARCH KNOWLEDGE: WHAT DO WE KNOW ABOUT THE IMPACTS OF THE IMMEDIATE ENVIRONMENT ON HUMAN HEALTH AND WELL-BEING?**Chair: **Kjell Nilsson**, Nordregio, Stockholm, Sweden**9:15 Green Space and Health****Elisabeth Richardson**, School of GeoSciences, University of Edinburgh**9:45 Green Space and Restoration/Stress/Psychological Aspects****Terry Hartig**, Institute for Housing and Urban Research, Uppsala University, Sweden**10:15 Debate****Discussant: Sjerp de Vries**, Alterra, Green World Research, Netherlands**10:45 Coffee break****11:15 Assessment of Green Space. What do we Mean by Green Space and How to Assess, Including New Methods (Smartphones, Satellite)****Michael Jerrett**, University of California, Berkeley, USA**11:45 Urban Greenspaces as Catalyser of Health Promotion****Simon Bell**, OPENSspace Research Centre, Edinburgh, United Kingdom**12:15 Open Debate****Discussant: Christopher Gidlow**, Staffordshire University, United Kingdom**12:45 Lunch**

B-DEBATE IS AN INITIATIVE OF:

WITH THE COLLABORATION OF:

**PHENOTYPE**  
Health from outside in

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**SESSION 2: GOOD PRACTICE: HOW TO TRANSLATE THE KNOWLEDGE INTO ACTION?**

Chair: **Roderick Lawrence**, University of Geneva, Switzerland

- 14:00 Evidence to Inform Action and Shape Policy: Demonstrating the Value of Urban Green Space**  
**Helen Beck**, UKCES – UK Commission for Employment and Skills, United Kingdom
- 14:30 Urban Blue and Green Spaces Management: the Case of Barcelona**  
**Montse Rivero**, Environment and Urban Services, Barcelona Council, Spain
- 15:00 Coffee break**
- 15:30 Examples of Good Practice in European Urban Parks**  
**Ingrid Walda**, Municipal Health Services Rotterdam, Netherlands
- 16:00 New Trends in Guidelines and Policy Briefs Productino –Scottish Experience on Grading Recommendatinos in Evidence Based Guidelines-**  
**George Morris**, Environmental Public Health Advisor, Scotland, United Kingdom
- 17:00 Open Debate**  
**Discussant: Marcus Grant**, University of the West of England, United Kingdom
- 18:00 Public lecture: “Global Health challenges in an Urbanizing World”**  
**Maria Neira**, World Health Organisation, Geneva, Switzerland
- 19:15 Cocktail at Cosmocaixa**

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## SESSION 3: URBAN INDICATORS AND MONITORING

Chair: **George Morris**, Environmental Health, NHS Health Scotland, United Kingdom

**9:00 Urban Health inequality and Indicators**

**Arpana Verma**, Manchester Urban Collaboration on Health, University of Manchester, UK

**9:30 Inequalities (in-dept)**

**Hanneke Kruize**, National Institute for Public Health and the Environment, Netherlands

**10:00 Open Debate**

**Discussant: Núria Blanes**, Research Group on Coastal Resources, Territories and Landscapes, Universitat Autònoma de Barcelona, Spain

**10:30 Coffee break**

**11:00 Ecosystem Services and Co-Benefits for Urban Planning –the URBES Project–**

**Erik Gómez-Beggethun**, Institute of Environmental Science and Technology, Universitat Autònoma de Barcelona, Spain

**11:30 Case studies**

**Katherine Irvine**, James Hutton Institute, Scotland – Sheffield Study (Behavior, Motivation)  
**Francesc Magrinà**, Polytechnic University of Catalunya, Barcelona, Spain – Recreant Cruilles (Participatory Approach)  
**Catherine Ward Thompson**, University of Edinburg, UK – OPENspace Research Centre

**13:00 Lunch**

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**SESSION 4: SYNTHESIS AND CONSENSUS BUILDING**

Chair: **Mark Nieuwenhuijsen**, CREAL, Barcelona, Spain

**14:00 URBAN-NEXUS**

**Núria Blanes**, Research Group on Coastal Resources, Territories and Landscapes, Universitat Autònoma de Barcelona, Spain

**14:30 Framework, Key Variables and Indicators**

**Roderick Lawrence**, University of Geneva, Switzerland

**15:00 Open Debate**

Validations of a set of core indicators to assess the capacity of public green space to promote social interaction and physical activity, advantages and disadvantages of these indicators, new indicators.

**16:00 Conclusions and closing remarks**

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