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Ingrid Walda works as environmental health advisor at the Municipal Health Service in Rotterdam. She works on stimulating the use of green areas within and nearby urban areas with the aim to increase health and wellbeing, both in her professional job and in her voluntary job (www.hetbewaardeland.nl). The combination of researching, policy advising and accompaning children during outdoor activities provides her the opportunity to work on different levels on the same issue.

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