

## Curriculum Vitae



# Carl Askling

**Carl Askling** is a researcher and lecturer in Sports Medicine at the Swedish School of Sport and Health Sciences and the Section of Orthopaedics and Sports Medicine, Department of Molecular Medicine and Surgery, Karolinska Institutet, Stockholm, Sweden. He defended his Thesis, "Hamstring muscle strain" at Karolinska Institutet 2008. He is supported by The Swedish Centre for Sport Research in his ongoing research that deals with different types of acute hamstring strains in especially soccer/track and how to optimize the rehabilitation period and how to prevent these injuries.

**Speaker at:**

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